



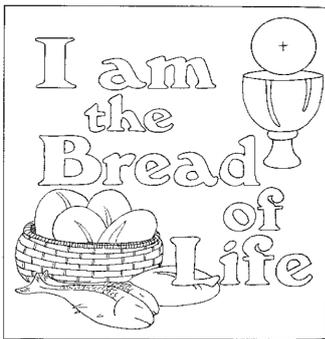
# St. Augustine of Canterbury, Highgate

[www.saintaugustine.org.uk](http://www.saintaugustine.org.uk)  
Tenth Sunday after Trinity  
August 5th, 2018

**Parish Mass at 10am**

Welcome to St. Augustine's. The service can be followed in the green booklets, and the hymns from the books in the seats. Please stay for refreshments after the service.

*Hymns: 368, 234, 333, 276*



*Today's Gospel* The crowd that were fed by Jesus seem to be seeking 'bread' that will perish, material things that will not last. By contrast, Jesus offers them a 'bread' that will last for ever – his own self. The gospel reading prompts us to ask what we want, what we truly desire.

**Please pray**

*Justin our archbishop, Sarah our bishop, Robert our area bishop.*

*The parish and our local community*

*The sick and housebound Joyce Vannozi, David Healy, George Eleftheriou, Marguerite Kilmer, Stuart Cromie, Michael Noma, Albert and Pearl Radley, Williette Henries Gardiner, Corinne Skinner Carter, Norah Egwim, Catherine George, Jill Shepherd, Tina Bell, Collins Agunwa, Boyce Agunwa.*

*Died recently Pearl King.*

*Anniversaries of death Hilary Donaldson (5); Joan Dossetar (5); Nelson Campbell, pr. (6); Yolande Louison (7); Dorothy Miller (11)*

**First Reading***Exodus 16.2-4,9-15*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God." '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.

**Responsorial Psalm***Psalm 116*

Our blessing cup is a communion with the blood of Christ.

**Our blessing cup is a communion with the blood of Christ.**

How shall I make a return to the Lord  
for all he has done for me?

The cup of salvation I will take up,  
and I will call upon the name of the Lord.

**Our blessing cup is a communion with the blood of Christ.**

Precious in the eyes of the Lord  
is the death of his faithful ones.

I am your servant, the son of your handmaid;  
you have loosed my bonds.

**Our blessing cup is a communion with the blood of Christ**

To you will I offer sacrifice of thanksgiving,  
and I will call upon the name of the Lord.

My vows to the Lord I will pay  
in the presence of all his people.

**Our blessing cup is a communion with the blood of Christ**

## **Second Reading**

*Ephesians 4.1-16*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

## **Gospel Acclamation**

**Alleluia. Alleluia. Alleluia. Alleluia.**

Your words are spirit, Lord, and they are life: you have the message of eternal life.

**Alleluia. Alleluia. Alleluia. Alleluia.**

## **Gospel Reading**

*John 6.24-35*

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.'

They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

## NOTICES

**SERVICES THIS WEEK** Mass will be celebrated on Monday at 10am (for the feast of the Transfiguration of the Lord), Wednesday at 10am and Saturday at 12 noon.

**SUNDAY SCHOOL** is taking a break for the summer, but will start again on September 9<sup>th</sup>. Children are very welcome to use the colouring sheets, books and toys in the Lady Chapel.

**WORK ON THE WEST FRONT** has begun to clean the carved stonework. This is due to be completed in mid-September.

**LEARNING TOGETHER** our monthly study group will begin again on Monday August 6<sup>th</sup> at 7.30pm in the Vicarage. That day is the Feast of the Transfiguration celebrating the wonderful change in Jesus on the mountain top so we will be pondering its meaning. Are there any questions you have about the Christian faith? Parts of the Bible you would like to explore? Please let Fr. Peter know.

**Next Sunday:**                    **Sunday August 12th, 2018**  
**Assumption of the Blessed Virgin Mary**  
**10am Parish Mass**

**Readings:**                    Revelation 11.19-12.6, 10; Galatians 4.4-7;  
Luke 1.46-55

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*Notices for the pew sheet, please send to  
Fr. Peter **by Thursday at 9am***